

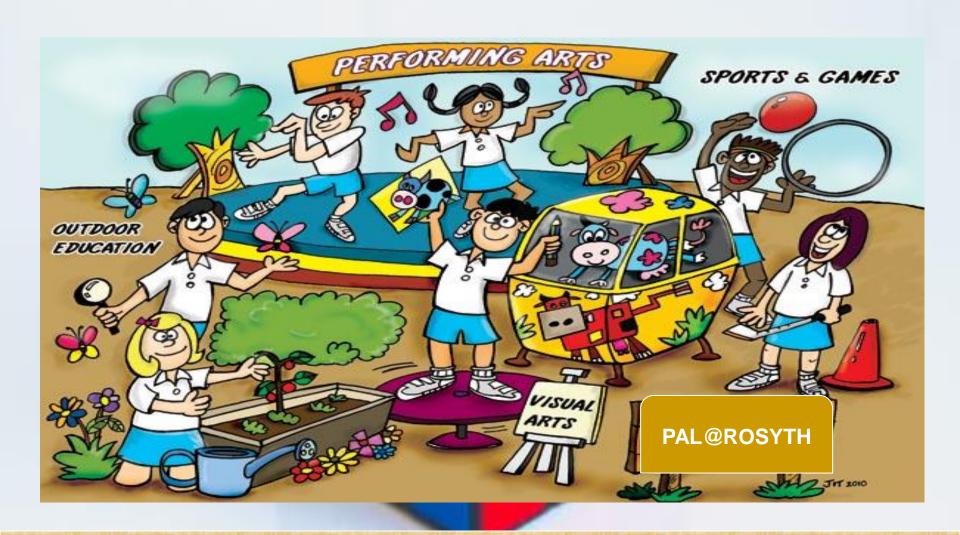
PAL Briefing for P1/ P2 Parents

By Mr Mohd Roshan
SH PE/CCA

(mohamad_roshan_mohd_sah@schools.gov.sg)

What is PAL?





Programme for Active Learning

PAL Video

https://www.youtube.com/watch?
v=eSCrggjVZVM





The PERI* recommendations aim to equip our children with skills and values, so that they grow up to be confident team players & independent learners.

*PERI -Primary Education Review and Implementation (2009)



 To provide broad exposure to Sports and Outdoor Education, Performing Arts and Visual Arts for all P1 and P2 pupils.

 To balance the acquisition of knowledge with the development of skills and values



Broad exposure in 2 areas:

 Sports and Games & Outdoor Education

2. Visual Arts & Performing Arts



PAL Modules are:

- experiential in nature
- incorporate learning in a creative, fun, and enjoyable way.



 Conducted within curriculum time on 1 day per week.

 Duration: 2 hours per week (4 periods)



Form teachers of the P1
 and P2 classes conducting
 PAL will inform the pupils
 should they need to bring
 any specific items

Modules for P1

Module 1 Outdoor Education **Module 2** Sports & Games Module 3 Visual Arts

Modules for P2

Performing Arts **Module 1** (Dance) Module 2 Sports & Games Performing Arts Module 3 Music)











THANKYOU





