

# **PAL Briefing for P1/ P2 Parents**

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# What is PAL?



**Programme for Active Learning**

# ***PAL Video***

<https://www.youtube.com/watch?v=eSCrggjVZVM>





The PERI\* recommendations aim to equip our children **with skills and values**, so that they grow up to be **confident team players & independent learners.**

\*PERI -Primary Education Review and Implementation (2009)

# PAL@Rosyth

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- To provide broad exposure to Sports and Outdoor Education, Performing Arts and Visual Arts for all P1 and P2 pupils.
- To balance the acquisition of knowledge with the development of skills and values

## **Broad exposure in 2 areas:**

1. Sports and Games & Outdoor Education
2. Visual Arts & Performing Arts

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## PAL Modules are:

- experiential in nature
- incorporate learning in a creative, fun, and enjoyable way.



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- Conducted within curriculum time on 1 day per week.
- Duration: 2 hours per week (4 periods)



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- Form teachers of the P1 and P2 classes conducting PAL will inform the pupils should they need to bring any specific items

# Modules for P<sub>1</sub>

<b>Module 1</b>	Outdoor Education
<b>Module 2</b>	Sports & Games
<b>Module 3</b>	Visual Arts



# Modules for P2

**Module 1**

Performing Arts  
(Dance)

**Module 2**

Sports & Games

**Module 3**

Performing Arts  
(Music)













Lantana

Rose

Olea

Informational sign with text about plant care and identification.











# THANK YOU

